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## **Consent To Treat & Confidentiality Form**

Maintaining the protection of our patient's/client's personal information is of utmost importance to PhysiGOtherapy. Our organization is committed in disclosing enough information to you in order for you to provide us with informed consent. Your consent must be given freely and you must understand the need for which PhysiGOtherapy collects, or discloses your personal information. You are able to withhold consent or withdraw your consent at any time and is discussed in further detail below.

### **Consent to Treat:**

It is a physiotherapists fiduciary duty to follow consent requirements in accordance to the Health Care Consent and Facilities Admission Act (HCCFAA) as amended ([www.qp.gov.bc.ca/statreg/stat/H/96181\\_01.htm](http://www.qp.gov.bc.ca/statreg/stat/H/96181_01.htm)) and the Infant's Act (those under the age of 19) as amended ([www.qp.gov.bc.ca/statreg/stat/I/96223\\_01.htm](http://www.qp.gov.bc.ca/statreg/stat/I/96223_01.htm)). (CPTBC Website, 2011)

A patient/client must receive ongoing communication where a physiotherapist provides you with enough information ( i.e. on the nature, purpose, risks of treatment, risk of refusal of treatment, alternative treatments) to make an informed decision on how to proceed. Every adult has the right to give consent or refuse on any grounds, including moral or religious grounds (Section 4, HCCFAA) Consent can be obtained in a variety of ways i.e. verbally, writing, implied from client's words and or actions (Section 9 of HCCFAA).

### **Consent to Photograph and/or Video tape:**

PGT occasionally takes photographs and or video tapes therapy sessions for both record keeping and progress updates for their clients. Consent will always be asked immediately prior to taking a photograph or video taping. Records are kept confidential in a file name reserved for you.

### **Confidentiality**

Maintaining confidentiality is a fundamental duty of a physiotherapist. " A patient/client ultimately owns their personal health information, but the treating physiotherapist acts as an accountable custodian of medical information they collect, and protecting its disclosure through appropriate consent" (CPTBC Website, PIPA, 2011).

### **Disclosure:**

Thereby, personal information is disclosed for mere purposes of your medical care and billing for services provided i.e. shared with family physician or extended health care provider/insurer. Generally, we only disclose information to third parties when instructed by patients/clients. Instances of disclosure without consent are those required by law, including review by professional regulatory bodies.

PhysiGOtherapy adheres to high standards of confidentiality and abides by the standards and ethics of the College of Physical Therapists of British Columbia (CPTBC). PhysiGOtherapy uses reasonable security safeguards to protect your personal information against unauthorized access, loss, and/or theft.

*I authorize PhysiGOtherapy to collect, use, disclose, and store my personal information as outlined and explained above in accordance to the ethics and standards of CPTBC.*

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**Signature of client or duly authorized representative**

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**Date**